

**CHECK YES ONLY IF THE CONDITION HAS OCCURRED IN THE PAST 3 MONTHS**

**MEDICATIONS/  
SUPPLEMENTS**

yes Conditions

Yes Conditions

yes Conditions

**GENERAL**

- Fever
- Chills
- Bruise Easily
- Swollen Glands
- Loss of Memory
- General Weakness
- Aches/Pains

**HEAD**

- Double Vision
- Light Flashes
- Blurred Vision w/o Glasses
- Halos Around Lights
- Eye Pains
- Ear Pains
- Ear Drainage
- Buzzing Ringing in Ears
- Nosebleeds
- Sinus Problems
- Swallowing Problems
- Deafness
- Mouth/Tooth/Tongue Issues
- Persistent Hoarseness
- Severe Headaches

**SKIN**

- Rash
- Changing Moles
- Pigmentation

**CHEST, HEART AND LUNGS**

- Irregular Heartbeat
- Shortness of Breath
- Low Exercise Tolerance
- Heart Flutters
- Chest Pains
- Frequent Coughs
- Cough up of Blood
- Wheezing
- Night Sweats
- Wheezing
- Swollen Ankles
- Cramps in Legs

**NECK**

- Stiffness
- Swellings
- Lumps in Neck

**GASTROINTESTINAL**

- Appetite Poor
- Indigestion/Heartburn
- Nausea
- Vomiting Blood
- Abdominal Pain or Cramps
- Abdominal Tension
- Diarrhea
- Constipation
- Bowel Habit Changes
- Rectum Blood Passage
- Black Tar-Type Stool

**KIDNEY**

- Up Nights to Urinate
- Blood in Urine
- Burning/Pain While Urinating
- Problems Passing Urine
- Trouble Controlling Urine

**NEURO MUSCULAR**

- Leg or Arm Weakness
- Balance Problems
- Dizziness
- Fainting Spells
- Speech Problems

**BONES & JOINTS**

- Joint Pain or Swelling
- Muscle Strength Loss
- Muscle Lump or Swelling
- Lump on Bone
- Pains in Back

**ENDOCRINE**

- Constant Thirst
- Most Always Cold
- Too Warm Most Times
- Very Sluggish/Tired

**IS YOUR LIFE:**

- Satisfactory
- Boring
- Demanding
- Unsatisfactory

**IS THERE WORRY OVER:**

- Home Life
- Marriage
- Job
- Children
- Money

**DO YOU:**

- Often Feel Depressed
- Have Irrational Fears
- Feel Upset
- Feel Things Often Go Wrong
- Feel Shy

Cry Easily

Feel Inferior

**HAVE YOU:**

- Attempted Suicide
- Seriously Considered Suicide

**MALE GENITALIA**

- Lumps in Testicles
- Penis Discharge
- Breast Lump
- Sore on Penis
- Erection Difficulties

**FEMALE GENITALIA**

- Breast Lump
- Nipple Discharge
- Non-period Bleeding/spotting
- Hot Flashes
- Pain with Intercourse
- Possible Pregnant
- Change in Periods
- Pain Other Than Periods

**EXPLAIN ANY OTHER CONDITIONS YOU MIGHT BE EXPERIENCING:**

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